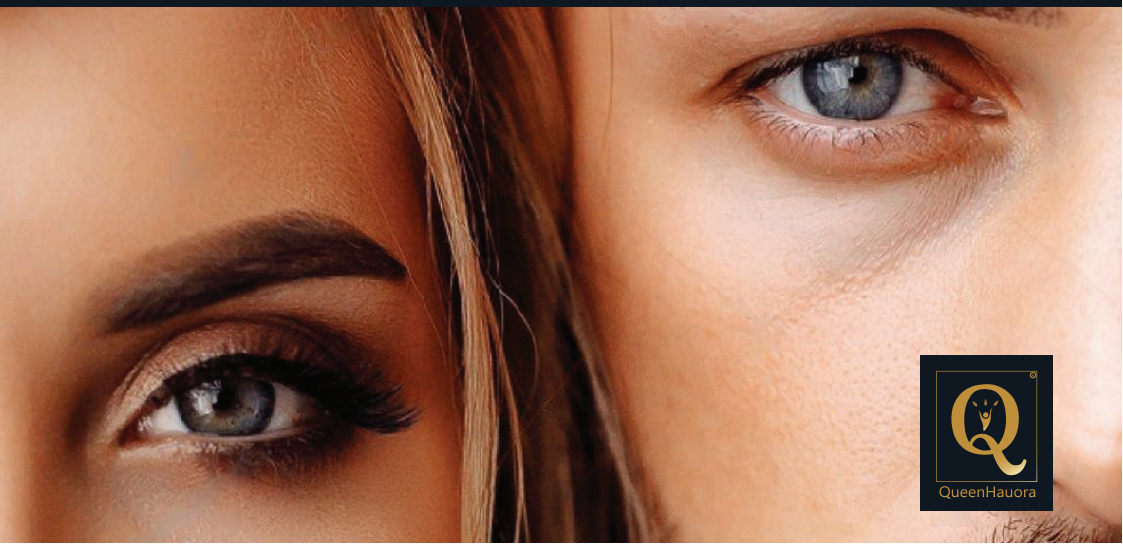




MEDI FACIALS





Medi-facials are medical-grade facials that go above and beyond what a regular facial can offer.

Medi-facials are done at a certified and experienced dermatologist's clinic using many devices and techniques that include lasers, microcurrents, dermaplaning, , peels, microdermabrasion, and more.

They can help to treat a range of issues like dull, dry, and loose skin.

They can repair the skin and restore a youthful, glowing, and hydrated look.

They can be tailored to resolve sun damage, pigmentation issues, and signs of aging.

HOW LONG MEDI-FACIAL USUALLY LAST

Generally, medi-facials at our clinic last anywhere between 30 minutes to one hour. This again depends on your unique skin needs and the number of treatment sessions that you require.

RESULTS TO EXPECT

You can expect rejuvenated skin about 10 to 15 days after the treatment. However, since facials are very much like watering a plant, you need to nourish your skin post-treatment to ensure you get the best and long-lasting results.

IMPORTANT NOTES TO REMEMBER BEFORE GETTING A MEDI-FACIAL

We like to inform our patients about a few important things to help them make a well-informed decision. These are:

- You first meet the doctor to evaluate skin type, complexion, texture and to discuss skin issues and concerns along with your history (including medical history). This is done in order to ascertain the course of treatment.
- Each medi-facial is custom-tailored to meet certain skin needs
- Medi-facials are safe and effective
- Medi-facials can complement other treatments like laser resurfacing and derma fillers
- Medi-facials do not involve any downtime
Post-treatment, you can expect some redness, which subsides within a few hours
- Medi-facials are usually safe for pregnant women; however, certain techniques like microdermabrasion used during a medi-facial may not be safe for an expecting mother

STEPS TO FOLLOW AFTER MEDI-FACIAL

1. Avoid exposure to the sun.
2. Avoid irritating it or touching the face too often.
3. Generally, we also advise our patients to follow a good skincare routine post-treatment. This routine includes using a daily sunscreen with mild ingredients and avoiding sunbath and steam rooms. You may apply effective night creams, keep yourself hydrated, and maintain a healthy diet to get the most out of your treatment.



CARBON PEEL

A carbon peel is a revolutionary laser treatment that is completely painless with minimal-to-zero downtime.

It is highly beneficial for people with oily skin, blackheads, enlarged pores, dull skin, and acne on the face or body.

It is also an excellent way to exfoliate and refresh your skin, providing an instant refreshed appearance and leaving skin feeling softer, smoother and firmer.

A layer of liquid carbon is applied to the skin, where it penetrates deep into the pores. Laser light is highly attracted to the carbon particles. When the laser is passed over the area, it destroys the carbon, taking dead skin cells, contaminants and oil with it.

CARBON PEEL BENEFITS

- Cleansing:** Carbon has the ability to absorb oil and contaminants from deep within the pores.
- Exfoliating:** The result is softer, radiant skin with reduced pore size and a more even skin tone.
- Rejuvenating:** Reduces fine lines and wrinkles, and leaves skin feeling tighter and glowing.
- Acne and Oil Destroying:** Better management of pimples and outbreaks.

Treatments can be performed on any part of the body, including the back and chest.

As with all skin treatments, carbon peels should be supplemented by a good skin-care routine, and daily use of a high-spectrum sunscreen.

Noticeable results can be experienced after a single treatment, but for maximum long-term results we recommend regular treatments.



CHEMICAL PEEL

A skin resurfacing procedure where a chemical solution is applied to the skin in order to exfoliate it resulting in smoother and younger looking skin.

Chemical Peels offer multiple benefits that include lightening signs of blemishes, uneven pigmentation, discolouration, and mild scars, resulting in clearer, brighter, and smoother skin.

The treatment shows the best results ideally after multiple sittings.

Peels provide a combination of mechanical and chemical exfoliation that is more effective than exfoliating face washes

PROCESS OF CHEMICAL PEEL



CLEANSING OF
THE TARGETED AREA



APPLICATION OF
PEEL USING BRUSH



PEEL IS
NEUTRALIZED



PEEL REMOVAL USING
WET COTTON & ICE CUBE



HYDRA-MEDI FACIAL

The Hydra-Medi Facial is great for improving the texture and tone of your skin. It clears out your pores and hydrates your skin, giving your face the perfect glow.

It can help with reducing acne and smoothing wrinkles.

It's popularly taken as a pre-wedding or pre-occasion facial.

Hydra-medi facial treatment provides comfort for a variety of skin related problems in three steps.

1. **Cleansing & Exfoliation**— Skin is gently exfoliated to remove dead skin cells.
2. **Extraction & Hydration**— Debris is removed from the pores and the skin is quenched with moisturisers
3. **Nourishment & Protection**— Skin is then saturated and infused with nutrient-rich, nourishing ingredients as per your skin type & concern. Skin is then oxygenated.



ULTRASOUND FACIAL THERAPY

During an ultrasound (also known as ultrasonic) facial, high level sound wave technology is used to penetrate deep below the surface of the skin.

The secret of its success is that with its application both water-soluble and fat-soluble active substances can easily enter the skin. Applying the method of ultrasound, the metabolic processes of the skin intensify, the nutrient and oxygen supply of the cells increase.

Thanks to the positive effect on the connective tissues' fibres, the skin becomes tighter and youthfully elastic.

This therapy can be done on its own or combined with a deep cleansing treatment.

FACIAL THERAPY BENEFITS

Increased permeability of the cell membrane, resulting in better skincare product penetration into the deeper layers of the skin;

- **Boost of microcirculation and cell metabolism;**
- **Increased lymph flow due to the mechanical effect;**
- **PH normalisation;**
- **Muscles are toned;**
- **Lines, acne and scars are reduced.**

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